

Jasmine Snow



At just 23 years old, Jasmine was beginning her career as a fashion editor for a national magazine when she was diagnosed with myasthenia gravis (MG).

New to the working world, Jasmine was constantly staying late to meet deadlines and was always on-the-go. She began to notice that her smile did not seem as wide as usual. Additionally, she was experiencing weakness in her arms and legs, but just assumed she was out of shape from working long hours.

During a visit to the dentist, Jasmine showed her doctor photos of her smile from three years earlier and, recognizing the difference, he immediately sent her to a neurologist. After undergoing a series of tests, Jasmine was diagnosed with MG just one month later. At the time, she was scared, since she had never heard of MG and didn't know anyone with the condition.

At first, Jasmine struggled with getting used to the idea of going to doctors, being on medication and the realization that MG is a chronic disease. Today, at 30 years old, Jasmine has adjusted to living with MG with the help of her medications and educating herself more about the condition.

"I still enjoy the same activities that I did before my diagnosis, but I am just more aware of when I need to rest. I listen to my body more," she said. "MG may have impacted my life physically, but it has also brought out another side, the strength in me that I never knew I had before, especially once I started raising awareness."

To help increase awareness of MG, Jasmine hosts a benefit every year to raise funds for the Myasthenia Gravis Foundation of America (MGFA). In 2012, Jasmine also channeled her passion for fashion to design a shoe in partnership with ShoeDazzle, wherein all proceeds from the shoe went to MGFA.

To learn more about how you can help create a world without MG, visit <http://www.myasthenia.org/HowcanIhelp.aspx>.