



Gloria Quinones, No Longer an Outsider

Hello my name is Gloria Quinones and I was diagnosed with MG in 1977 at the New York Eye Ear and Throat when I was 7 years old. As a child I really did not have a clue about what was going on and how much my life was about to change. But as an adolescent dealing with the double vision, very bad stomach aches from the medicine, excess saliva, always being tired, lack of concentration and constantly falling, seemed to be a huge part of my daily life. All of these sudden limitations often made me angry because I felt like an outsider.

Nobody understood what I was going through, including myself. I have always had a very good sense of humor despite the many challenges I was facing and I am grateful to God for blessing me with my sense of humor because it has helped me through many difficult times. Now as an adult I know that MG is not a laughing matter in any way, but my way of coping through this storm is by always trying to stay positive and look for the best way to deal with it. It's not always easy but I try my best so that I can lead by example and try to help others who are dealing with the same or similar challenges get through it. This year has been very challenging due to my MG but thanks to the MGFA and all of the wonderful people whom I have met through them, my life has been much more pleasant and I no longer feel like an outsider. It's not easy feeling as if nobody understands or maybe even believes me, but now I know that there are many who actually do. I now know that I am not alone and this gives me more of a reason to want to help others. Just the emotional support itself keeps me strong and going.

Gloria