

Harper Daley



Harper Daley was diagnosed with myasthenia gravis when she was one year old. However Harper, unlike many MG patients, was symptom-free just one month after her diagnosis.

“Harper was very fortunate. But, as a family, we are constantly aware of her sleep, how active she is and her diet,” said Harper’s mother, Shannon. “Most parents stare at their children because, well, kids are awesome to watch! But we tend to stare a little harder.”

Harper’s first symptoms appeared in the form of drooping eyelids, causing her parents to play closest attention to her eyes. However, now three years old, Harper has been symptom-free for two years.

“Although Harper had to wear an eye patch for two weeks after her diagnosis, it didn’t stop her a bit. Today, she’s able to play soccer and do yoga, ballet and all the other fun activities 3 year olds participate in.”

Harper’s parents have enrolled her in a children’s yoga class to provide her with some relaxation techniques, which she has participated in since she turned two. The class helps Harper learn about breathing to calm her body, in addition to balance and stretching. Her parents hope that yoga will be a good source of mind and body strength for Harper if her MG symptoms return and progress.

“It’s important for people to understand that MG is a very serious disease, and that it can be life threatening,” said Shannon. “While there are treatments that can help those with symptoms lead very productive, very happy lives, more can always be done. Treatments are wonderful, but a cure is what we strive for.”

To learn more about how you can help create a world without MG, visit <http://www.myasthenia.org/HowcanIhelp.aspx>.