



*For Immediate Release*

**News Release**

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**AANN and MGFA Release**

***Care of the Patient with Myasthenia Gravis in the Clinical Practice Guideline Series***

**Glenview, IL— April 2013** —The American Association of Neuroscience Nurses (AANN) and the Myasthenia Gravis Foundation of America, Inc. (MGFA) are proud to announce the newest addition to the respected AANN Clinical Practice Guideline series, *Care of the Patient with Myasthenia Gravis*. The publication was generously supported by an educational grant from the Myasthenia Gravis Foundation of America, Inc. MGFA CEO Tor Holtan indicated that “MGFA is pleased to have provided the funding for the development of the CPG for those in the nursing profession working with myasthenia gravis patients. We fully expect that the guidelines will improve overall patient care.”

Myasthenia Gravis (pronounced My-as-then-ee-a Grav-us) is an autoimmune neuromuscular disease leading to fluctuating muscle weakness and fatigability. Nurses are frequently the professionals who see the full impact of MG and can positively impact the course of a patient’s care. The goal of this guideline is to offer evidence-based recommendations on nursing activities that have the potential to maximize outcomes for patients of all ages and all types of MG.

Lead author Susan B. Fowler, PhD RN CNRN FAHA remarked that the “clinical practice guidelines are critical for safe, consistent, quality care across all practice settings. The Myasthenia Gravis CPG provides timely and pertinent information for practitioners across all levels of care. It is continued springboard for best practices.” Additionally, Editor Patricia A. Blissitt, RN PhD CCRN CNRN CCNS CCM ACNS-BC, indicated that “the *Care of the Patient with Myasthenia Gravis* represents a long needed evidenced based guideline for nursing management of the myasthenia gravis patient.”

This guideline represents a milestone in the AANN Clinical Practice Guideline series, which has produced twelve guidelines to date. As a co-produced guideline, the publication promotes evidence-based practice for the patient with MG across the life continuum. A team nurse volunteers from both AANN and MGFA developed, contributed, and reviewed the content offered in the document.

**Editor, *Care of the Patient with Myasthenia Gravis***

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The Clinical Practice Guideline series is published electronically. To download a copy of this guideline, or any of the guidelines offered in the series, visit the publications section of [www.AANN.org](http://www.AANN.org).

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**About AANN**

Founded in 1968, the American Association of Neuroscience Nurses (AANN), an organization of more than 4,500 members worldwide, is committed to working for the highest standard of care for neuroscience patients by advancing the science and practice of neuroscience nursing. AANN accomplishes this through continuing education, information dissemination, standard setting, and advocacy on behalf of neuroscience patients, families, and nurses. For more information, visit [www.AANN.org](http://www.AANN.org).

**About MGFA**

Founded in 1952, the Myasthenia Gravis Foundation of America (MGFA) is the only national volunteer health agency in the United States dedicated solely to the fight against myasthenia gravis. MGFA serves patients, their families and caregivers through a network of chapters, support groups and programs.