

Dawn Warner



Double vision, fatigue – these were two of the things Dawn Warner began to experience before she was diagnosed with myasthenia gravis (MG) in 2001. It wasn't until she started dropping things—everything, in fact—that Dawn decided to seek medical attention.

“Things as light as a pencil seemed like they weighed 100 pounds,” Dawn said. “In addition to dropping things, I was having trouble even turning door handles.”

Dawn first visited a neurologist who suspected she had carpal tunnel syndrome. When she began falling down without warning, Dawn knew that wasn't the case. For three years, she continued to visit several neurologists across different states seeking answers for her symptoms, and was officially diagnosed with MG at age 35.

After her diagnosis, Dawn began a holistic regime and went into remission for seven years, until December of 2012 when she woke up unable to open her eyes and noticed that her speech was slurred.

Although she is still not back to 100 percent today, Dawn manages to get out and do a lot with her family and friends. She's gone go kart racing, zip lining, swimming and dancing. She's even planned a trip to Alaska during the summer of 2015, and is planning to go on a long road trip this year. To help cope with her symptoms, Dawn meditates daily, practices positive affirmations and is active in her local MG support group.

“Bringing awareness to this disease is key, because so many people go undiagnosed for years, said Dawn. “I have firsthand knowledge of how difficult it is to find proper medical care, support groups and resources for the expensive treatment. I've had surgery, IV treatments and several medications. This recent flare up has me even more fired up to help create awareness. I am fighting just as hard today as I did 14 years ago.”

To learn more about how you can help create a world without MG, visit <http://www.myasthenia.org/HowcanIhelp.aspx>.