



MYASTHENIA GRAVIS

FOUNDATION OF AMERICA, INC.

In conjunction with the MGFA National Conference, and in support of MG June Awareness Month, we are excited to announce the MGFA **“Telling *my* story!... and charging *forward!*”** video contest.

The theme for this year’s June Awareness campaign is **“Raising Awareness One Story At a Time.”**

Are you ready to share your MG Story to raise awareness? If so, prepare a video about how MG has affected you and how you are “charging forward” with MG. Submit your video of your MG Story to the MGFA’s “Telling my story!... and charging forward!” video contest for the chance to be featured on the MGFA’s Facebook page and website for June Awareness. Please view Jasmine Snow’s video to learn more. [INSERT LINK HERE](#)

The contest is open to all MG patients age 17 and older. Winners will be announced on June 1st!

First place winner will receive an iPad Mini and have their video published on the MGFA website and spotlighted on the MGFA Facebook page. Second and third place winners will each receive \$50 gift cards and have their video published on the MGFA website and spotlighted on the MGFA Facebook page.

The following tips are provided to [help you tell your MG Story](#):

- Prepare before you start to shoot your video. Writing out your MG Story will help you decide what you want to say in your video.
- Aim to tell your story in 3 minutes.
- Consider covering the following in your video:
 - Briefly tell us a little bit about who you are and what is important to you.
 - When did your MG story begin?
 - How have you found your way and learned to live with MG?
 - Have you met other patients with MG? If so, how has that affected your MG Story?
 - How are you “charging forward” with MG?

Contest Rules:

- Your video cannot be longer than 4 minutes. Videos over 4 minutes long will be disqualified.
- Videos must be submitted in [.mp4 or .mov] format.

ALL entries must be submitted by May 19.

- Include your name, complete mailing address, email, and phone number
- Submit your entry electronically by opening a FREE Dropbox account (<https://www.dropbox.com/>) and sharing your folder with MGFA.

All entries become the property of MGFA. By submitting your video, you give MGFA permission to post your video on the MGFA’s website and Facebook page. Entrants will only be identified by name; your mailing address, e-mail, and phone number will not be published. You must submit your signature along with the following statement:

Submission to MGFA video contest – Please include the following language with your submission:

I acknowledge that by submitting my video to the MGFA video contest this entry becomes the property of MGFA. By submitting my video, I give MGFA permission to post this video on the MGFA website and Facebook page. MGFA will identify the video with my name. MGFA will respect my privacy and not post my mailing address, e-mail, and or phone number.

How Videos Will Be Scored:

MGFA's judges will rate the entries on a scale of 1 to 10 on the following criteria.

- Facts (all facts about MG must be accurate)
- Content (your story is discussed clearly and the viewer is left with an insight)
- Creativity (content is presented in a way that is interesting for our audience)
- Effectiveness (the entry as a whole is effective in its purpose for our audience)

If you have any questions, contact the national office at 800-541-5454.
Good luck!

ESSAY CONTEST: Not good with a camera? Email us an essay of less than 600 words telling your story for a chance to win a \$50 gift certificate, and appear in our next version of the Foundation Focus. The essay contest is open to MG patients of all ages. All entries for the essay contest must be received by June 30. Submit your essay to the essay to mgfa@myasthenia.org with the subject "Telling MY Story"

