**Can we share your posts?** Be sure to tag the Myasthenia Gravis Foundation of America so we can see and amplify your messages! If you don’t want your content shared on the MGFA channel, please don’t tag us. 😊 Even if your account is private, by tagging us you’ll make it visible and sharable by MGFA.

* Twitter: @myastheniaorg
* Facebook: @MyastheniaGravisFoundation
* Instagram: @myastheniaorg
* LinkedIn: @Myasthenia Gravis Foundation of America, Inc.

Also consider using hashtags to spread your message: #myastheniagravis, #myasthenia, #MGStrong and #raredisease are great choices.

**Sample Posts That Can Be Shared Alongside Any of the “Facts About MG” Images**

* **Post 1:** Today marks the beginning of Myasthenia Gravis Awareness Month! In June, I’ll be sharing facts about #MyastheniaGravis to help everyone understand this rare disease better. [Add personal message if desired.]

If you want to help raise awareness and make a difference for the MG Community, share this post, or make a gift through my donation page. I’ve taken the Myasthenia Gravis Foundation of America’s #DareToCare challenge, and my goal is to raise 30 gifts of $30 during June! Help me meet my goal! [add fundraising link]

* **Post 2:** June is Myasthenia Gravis Awareness Month, and today I’m bringing you another fact about this rare autoimmune disease. [Add personal message if desired.]

I’m also daring you to care about #myastheniagravis and help me make a difference for patients! I’ve taken the Myasthenia Gravis Foundation of America’s #DareToCare challenge. My goal is to raise 30 gifts of $30 during June. I would love your help! [add fundraising link]

* **Post 3:** Did you know I’m taking the #DareToCare Challenge this June? I’m raising money to support research and patient resources at the Myasthenia Gravis Foundation of America. [Fundraiser progress update: I'm halfway there (for example).] Help me meet my goal! [add fundraising link]

**Sample Posts That Can Be Shared Alongside Fundraising Punch Cards**

* **Pair with $5 Punch Card:** I challenged myself to raise30 gifts of $30 every day throughout the month of June for Myasthenia Gravis research. The good news is, EVERY GIFT COUNTS! Every dollar helps. So if six friends give $5, I’ll still meet my challenge goal today! If you could spare $5 for MG research, it would mean a lot to me. Let me know you’ve made your gift and I’ll add your name to my punch card.

Make a gift here: [add personal fundraising link]

* **Pair with $5 Punch Card - when someone has made a gift, use Instagram or Facebook’s photo editing function to add your friends name or Instagram handle to “their” $5 pledge:** Thank you, [Friend’s Name]!! Who else wants to pledge $5 to the Myasthenia Gravis Foundation of America’s #DareToCare campaign?

Make a gift here: [add personal fundraising link]

* **Pair with $30 Punch Card:** This June is Myasthenia Gravis Awareness Month, and I’m daring you to care about #myastheniagravis! I’ve taken the Myasthenia Gravis Foundation of America’s #DareToCare challenge. My goal is to raise 30 gifts of $30 during June. I would love your help!

Help me cross all 30 days of June off on my calendar. You can make a gift here: [add personal fundraising link]

I’m so grateful for your support of MGFA’s mission! MGFA helps patients and is working to create a world without myasthenia gravis by funding cutting-edge research.

**Sample Posts That Can Be Shared Alongside Fundraising Thermometers**

**Note:** Use photo editing options on your phone or computer to fill in the thermometer with your fundraising progress!

* **Inspire Donors with Progress You’ve Made So Far:** As many of you know, I accepted the Myasthenia Gravis Association of America’s challenge to raise 30 gifts of $30 for myasthenia gravis research during June. #challengeaccepted THANK YOU to everyone who’s dared to care and stepped up to support MGFA’s programs, research, and resources!!

[Add personalized fundraiser progress update.]

I’m getting closer to my fundraising goal of $900. Will you help me reach my goal and make a gift to a cause that’s near and dear to me? Visit my page to contribute: [add personal fundraising link]

* **When You’ve Met Your Goal Before June 30:** Thanks to all of my amazing friends and family, I’ve met my fundraising goal for the #DareToCare challenge! With your amazing support, we’re getting closer than ever to a world without myasthenia gravis. I’m so grateful for all of you who dared to care and helped me complete this challenge!

I may have reached my initial goal, but today I’m introducing a stretch goal of [amount]! Will you help me close out the month of June with a bang? [add personal fundraising link]

**Sample End of Campaign Thank-You**

* As we reach the end of MG Awareness Month, thank you for following along on my #DareToCare challenge and learning more about myasthenia gravis. Thanks to you all, I raised [amount] for the Myasthenia Gravis Foundation of America to support MG research and MG patient support. Together with other members of the MG Community, we raised [total]!   
    
  Having a rare disease can be a lonely struggle, but it doesn’t have to be. Knowing I have you in my corner means so much. Thank you again for daring to care!