EXPLORE THE EXPERIENCE ROOMS

Find the Experience Rooms in the Sonoran Sky Ballroom



The following activities are sponsored by Alexion Pharmaceuticals.

Take on Your Tomorrow with gMG

Join Dr. Suraj Muley, MD, as he delves into how generalized myasthenia gravis (gMG) affects your body.

Sunday, March 30 at 3:30 PM

Balancing Life with gMG — A Conversation with Patients and Caregivers

Join us for a heartfelt and intimate conversation with six gMG patients and their caregivers. They will discuss caregiver support, navigating treatment decisions, and the overall impact of gMG in their lives.

Monday, March 31 at 3:00 PM



Go for growth with argenx! Nurture your growth, set meaningful goals, and rest and recharge. Hydrate and charge your phone while you take part in the Tree of Growth Mural and enjoy some takeaways, including a Plant Your Goal kit.

Ongoing During the Conference





Breathe. Move. Thrive. Yoga for Every. Body.

Join Debroah Vick, an individual living with MG and NMD Pharma's medical director, and yoga therapist Vera Kiyasova for an adaptive yoga session.

Monday, March 31 at 9:00 – 9:30 AM and 3:30 – 4:00 PM

Johnson &Johnson Innovative Medicine

Junk Journaling Experience

Take a break, channel your creativity, and try a new hobby! Materials, guidance, and inspiration will be provided for anyone interested in starting a "junk journal."

Ongoing During the Conference

Meet a You, Me and MG Advocate

Talk to advocate Megan about adapting — and prioritizing — your hobbies and interests to live your best life with MG.

Sunday, March 30 at 3:30 PM



Embracing Self-Care with MG — Free Mini Makeovers

Join the #MoreThanMG team and professional makeup artist Anton Khachaturian for self-care and makeup tips and complimentary 20-minute mini makeovers.

Ongoing During the Conference

Pets & PEMs: A Pet Therapy Experience with Pets on Wheels

Enjoy quality time with our furry friends and discover the many benefits of pet therapy!

Ongoing During the Conference

#MoreThanMG: A Digital Mosaic Wall Experience

Join us for a unique and inspiring digital photobooth experience designed to empower and unite the MG community.

Ongoing During the Conference



Networking Time: Meet and Mingle with Others

Networking for individuals who live with MG Sunday, March 30 at 4:00 – 5:00 PM

Networking for caregivers

Monday, March 31 at 3:45 – 4:15 PM

Demonstration of a Self-administered, Targeted Therapy

Led by the UCB medical team, watch a step-by-step demonstration highlighting the preparation and administration of a self-administered targeted therapy, followed by Q&A with a UCB patient advocate.

Monday, March 31 at 3:10 – 3:45 PM Tuesday, April 1 at 12:45 – 1:20 PM

At-Home Exercise Demonstration with NASM-certified Trainer Vanetta Drummer

Learn basic strength training exercises that can be done in the comfort of your own home.

Monday, March 31 at 4:15 – 5:00 PM

Healthy Eating and Food Demo with Registered Dietitian Kristin Neusel

Explore nutrition basics for gMG, label reading, helpful tools/apps for smart choices, recipe alterations, and more.

Tuesday, April 1 at 1:20 – 1:50 PM