

MGFA Support Groups

*Updated July 1, 2025

State	Support Group Name	For more information	Type
Nationwide	Caregiver Support Group	Erin (collinser12@gmail.com)	Zoom
Nationwide	MAYA (Myasthenia Advocacy for Young Adults)	Jessica and Liam (mgfamaya@gmail.com)	Zoom
Nationwide	Parenting with MG	Janel and Danielle (mginme@yahoo.com)	Zoom
Nationwide	Parents of Children with MG	MGFA@myasthenia.org	Zoom
Nationwide	Seronegative Support Group	Jenny (snmggroup@gmail.com)	Zoom
Nationwide	Solo Seniors	Jill (mgsoloseniors@gmail.com)	Zoom
Arizona	Phoenix, Arizona Support Group	Kim (MGKimV@gmail.com)	Zoom
Arizona	Tucson MG Support Group	Gene (MGTucsonsupport@aol.com)	In-person
California	San Francisco MG Support Group	Jessica (mgwarriorssf@gmail.com)	Zoom
California	MG Sacramento Sierra Support Group	Jill (mgsacsierra@gmail.com)	Zoom

California	San Diego MG Support Group	Andrea (mgsandiegogroup@gmail.com)	Zoom
California	So Cal Support Group	Scott (mgsocalgroup@gmail.com)	Zoom
Colorado	Denver Support Group	Dave (4mgacolorado@gmail.com)	Zoom
Connecticut	Tri-State NY, NJ, CT Support Group	Phil or Sue (3statemg@gmail.com)	Zoom
Connecticut	UCONN Health Center	Laura (lhoehringer@uchc.edu)	Pending
Delaware	DMV Support Group	Greg (greg.josephs2@gmail.com)	Zoom
Florida	St. Petersburg Support Group	Kathi (stpetemggroup@gmail.com)	Zoom
Illinois	Southern Illinois MG Support Group	Roy (ka9mzj@gmail.com)	Zoom
Kentucky	KY Support Group	Kim at 502-299-7397 (<i>Phone only</i>)	In-person
Maine	N. New England MG Support Group	Janel (mginme@yahoo.com)	Zoom
Maryland	Bethesda Support Group	Marika (marika.bates@gmail.com)	Zoom

Maryland	DMV Support Group	Greg (greg.josephs2@gmail.com)	Zoom
Maryland	Glen Burnie Support Group	Marika (marika.bates@gmail.com)	Zoom
Massachusetts	N. New England MG Support Group	Janel (mginme@yahoo.com)	Zoom
New Hampshire	N. New England MG Support Group	Janel (mginme@yahoo.com)	Zoom
New Jersey	Tri-State NY, NJ, CT Support Group	Phil or Sue (3statemg@gmail.com)	Zoom
New York	Tri-State NY, NJ, CT Support Group	Phil or Sue (3statemg@gmail.com)	Zoom
Oregon	Portland, Seattle, and Greater PNW MG Patients and Caregivers Group	Zach (pnwmgsg@gmail.com)	Zoom
Pennsylvania	Northeastern	Vera (beepkrew@gmail.com)	In-person
Rhode Island	N. New England MG Support Group	Janel (mginme@yahoo.com)	Zoom
Texas	Alamo Area Support Group	Barry at bwilli@sbcglobal.net or Andrea at upzdaz@gmail.com	Hybrid
Texas	MG Support Group of Greater Houston	Meena (meenamghouston@gmail.com)	Hybrid

Texas	MG RGV Support Group Meeting (Rio Grande Valley)	Karen Mau (maubillkaren@live.co)	In-person
Utah	Utah MG Support Group	James (mgofnorthutah@gmail.com)	Zoom
Vermont	N. New England MG Support Group	Janel (mginme@yahoo.com)	Zoom
Virginia	Hampton Roads MG Support Group	Greg or Dave (HRMyastheniaSG@gmail.com)	In-person
Virginia	Virginia Blue Ridge-Roanoke	Tom (tompowers56@gmail.com)	Zoom
Virginia	DMV Support Group	Greg (greg.josephs2@gmail.com)	Zoom
Washington	Portland, Seattle, and Greater PNW MG Patients and Caregivers Group	Zach (pnwmgsg@gmail.com)	Zoom
West Virginia	DMV Support Group	Greg (greg.josephs2@gmail.com)	Zoom
Wyoming	Southeastern Wyoming	Sewyomggroup@gmail.com	In-person