## MG Activities of Daily Living (MG-ADL) profile

					Score
Grade	0	1	2	3	(0,1,2 or 3)
1. Talking	Normal	Intermittent slurring	Constant slurring	Difficult to	
		or nasal speech	or nasal, but can	understand	
			be understood	speech	
2. Chewing	Normal	Fatigue with	Fatigue with	Gastric tube	
		solid food	soft food		
3. Swallowing	Normal	Rare episode	Frequent choking	Gastric tube	
		of choking	necessitating		
			changes in diet	• C	
4. Breathing	Normal	Shortness of breath	Shortness of	Ventilator	
		with exertion	breath	dependence	
			at rest		
5. Impairment of	None	Extra effort, but	Rest periods	Cannot do	
ability to brush		no rest periods	needed	one of these	
teeth or comb hair		needed		functions	
6. Impairment of	None	Mild, sometimes	Moderate,	Severe, requires	
ability to arise		uses arms	always uses arms	assistance	
from a chair					
7. Double vision	None	Occurs,	Daily,	Constant	
		but not daily	but not constant		
8. Eyelid droop	None	Occurs, but	Daily, but	Constant	
		not daily	not constant		
	4			MG-ADL score	
			•	total (items 1-8)	=