

Brought to you by the Myasthenia Gravis Foundation of America

**MARCH 2022** 

MG Insider Blog • MG Resource Center • Events • Get Involved



# Honor Your Loved Ones in the Gail Duckworth Memorial Garden

The MGFA is creating a garden in our new online community to honor loved ones. Make a memorial gift to support our mission-critical work, and your loved one's name will be shown on our garden banners.

**LEARN MORE** 



Start Taking Action Now for MG Awareness Month in June



We are Turning Awareness into Action again this June to find new and creative ways to make sure people around the world learn more about MG. Start taking action right now by asking for proclamations, working with the media, sharing videos, and planning events. **Learn More**»

### Join the MGFA Coast-to-Coast 2740 Challenge and Fundraise Today

Create a team, or join one, and start fundraising right away in order to support our mission-critical work. **Sign Up Today**»





#### LEARN WHAT IT MEANS TO BE MORE THAN MYASTHENIA GRAVIS (MG)

#### **VISIT WEBSITE**

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MG Patient
Research
Participants:
Paid
Interviews



Female Chief of Cherokee Nation Lived with MG

Watch for the new American Women



A Patient's Perspective on Muscle Cramping

"Muscle cramping was always a

#### for Your MG Data

Participate in this double-blind research and you will be compensated for your interviews.

**LEARN MORE** 

Quarters Series from the US Mint featuring Wilma Mankiller, first female chief of the Cherokee Nation who lived with Myasthenia Gravis.

**LEARN MORE** 

consistent symptom that I never associated with MG until I talked to my support group patients about it."

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VŸVGART<sup>™</sup> (efgartigimod alfa-fcab) New FDA-approved treatment Talk to your neurologist about VYVGART Find out more



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#### MGFA Wellness Series Webinar: Exercise and MG

Join us on April 21, 2022 to learn about exercise techniques that are safe to practice and use in your MG wellness routine. **Register Today**»

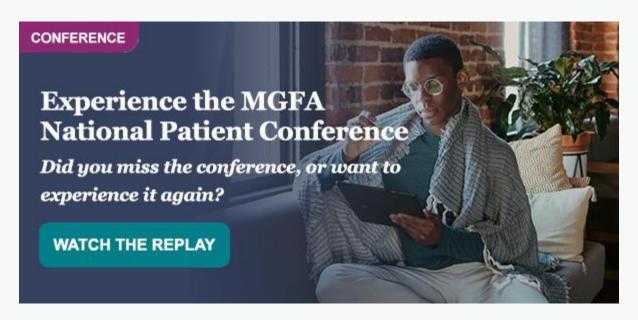
## Find a Virtual MG Support Group

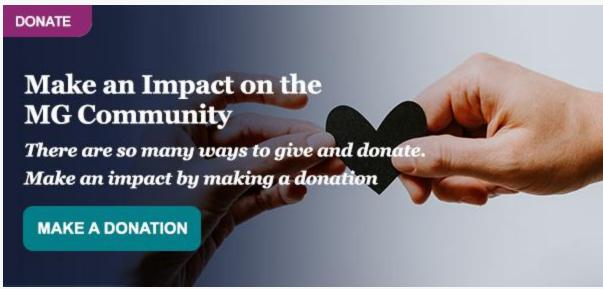
Our MGFA Virtual Support Groups can offer you support, resources, educational programming as well as social and recreational activities. Get together virtually and catch up with friends – or make new friends. Share your story, learn from medical professionals, and offer your support.

Learn More»









Is this monthly e-newsletter valuable for you and your family? Let us know. You can send comments directly to MGFA@myasthenia.org or contact Michael Antonellis at mantonellis@myasthenia.org.



Myasthenia Gravis Foundation of America myasthenia.org • mgfa@myasthenia.org











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