

Managing a Myasthenia Gravis Diagnosis

Educational Resources and Support from the Myasthenia Gravis Foundation of America

Helpful Resources



- A diagnosis can feel overwhelming at first, but trustworthy educational materials can be empowering. Visit myasthenia.org, a trusted source of educational materials, to get answers to your questions or find new ways to connect with other MG patients.
- **Ordering a free MGFA Patient Packet is a great first step.** You can receive your digital or mailed copy at myasthenia.org/patient-packet-request.
- Join the MGFA Online Community, a unique virtual space, for more resources.

Finding Support



- Join a support group to connect with and learn from other people with MG. **The MGFA hosts a variety of in-person and virtual support groups that you can join for free.** There are also specialty support groups for caregivers, Spanish-language speakers, and more. Visit myasthenia.org to search for a group in your area.
- The MGFA MG Friends are trained **peer-to-peer support leaders** that can help you one-on-one by email, text, or phone. Register at myasthenia.org/MG-Community/MG-Friends-Program.

Sign Up for the MGFA Global MG Patient Registry



- Sign up for the MGFA Global MG Patient Registry to be part of finding a cure for MG. The registry is a safe and secure way to track patient data that will inform future research studies and is critical for clinicians. **You can play a part in changing the future for MG patients.** Visit mgregistry.org to learn more and enroll today.

Attend a Virtual or In-Person Event



- Find an opportunity to learn more about MG and connect with others. MGFA Community Health Fairs come to cities across the country – or you can watch a webinar virtually from the comfort of your own home. Check out upcoming events at myasthenia.org/events.

Need help? We're here for you. Reach out at mgfa@myasthenia.org or 800-541-5454.

Myasthenia Gravis Foundation of America is the largest, leading patient advocacy organization solely dedicated to finding a cure and improved treatments for myasthenia gravis while improving the lives of those living with the disease.

myasthenia.org | mgfa@myasthenia.org | 800-541-5454