

## QMG form

| Test Item   | None               | Mild                                | Moderate                                       | Severe                              | Score |       |
|---|--------------------|-------------------------------------|--|-------------------------------------|-------|-------|
|   | 0                  | 1                                   | 2  | 3                                   | Raw   | Scale |
| Double vision on lateral gaze<br>Right or left (circle one), secs | 61                 | 11-60                               | 1-10   | Spontaneous                         |       |       |
| Ptosis (upward gaze)  | 61                 | 11-60                               | 1-10   | Spontaneous                         |       |       |
| Facial muscles  | Normal lid closure | Complete, weak, some resistance     | Complete, without resistance                   | Incomplete                          |       |       |
| Swallowing 4 oz water (1/2 cup)                                   | Normal             | Minimal coughing or throat clearing | Severe coughing/choking or nasal regurgitation | Cannot swallow (test not attempted) |       |       |
| Speech after counting aloud from 1 to 50 (onset of dysarthria)    | None at 50         | Dysarthria at 30-49                 | Dysarthria at 10-29                            | Dysarthria at 9                     |       |       |
| Right arm outstretched (90 degrees sitting), seconds              | 240                | 90-239                              | 10-89  | 0-9                                 |       |       |
| Left arm outstretched (90 degrees sitting), seconds               | 240                | 90-239                              | 10-89  | 0-9                                 |       |       |
| Forced Vital Capacity   | ≥ 80               | 65-79                               | 50-64  | ≤50                                 |       |       |
| Rt- hand grip, kg   |                    |                                     |  |                                     |       |       |
| Men   | ≥ 45               | 15-44                               | 5-14   | 0-4                                 |       |       |
| Women   | ≥ 30               | 10-29                               | 5-9  | 0-4                                 |       |       |
| Lt- hand grip, kg   |                    |                                     |  |                                     |       |       |
| Men   | ≥ 35               | 15-34                               | 5-14   | 0-4                                 |       |       |
| Women   | ≥ 25               | 10-24                               | 5-9  | 0-4                                 |       |       |
| Head lifted (45 degrees supine) seconds                           | 120                | 30-119                              | 1-29   | 0                                   |       |       |
| Right leg outstretched (45 degrees supine), seconds               | 100                | 31-99                               | 1-30   | 0                                   |       |       |
| Left leg outstretched (45 degrees supine), seconds                | 100                | 31-99                               | 1-30   | 0                                   |       |       |

**TOTAL QMG SCORE :**